

PLAYING IT

SAFE

Be safe and healthy on the job with these helpful tips provided by Gallagher Franchise Solutions.

Teenagers on the Job

Considerations for preventing injury at the restaurant

Taking a job as a teen is a great way to get experience working with the public, earn some extra cash, save for college and meet new people. However, since you lack experience, you're at a higher risk for work injury. Learning and concentrating on ways to prevent injury at will help keep you safe as you begin working at our restaurant.

Food Serving Precautions

If you are serving food on the job, there are special precautions you must take to protect yourself and our customers. These include the following:

- Correctly using machinery, including machine guards and lockout procedures
- Using caution around knives and other sharp utensils
- Protecting yourself and others from slips, trips and falls by promptly cleaning spills and wearing appropriate non-slip shoes
- Taking steps to prevent burns
- Using food preparation methods that prevent foodborne illness.

Important Tips

To avoid becoming one of the many unfortunate cases of teen workers injured on the job, consider the following safety recommendations:

- Always follow safe work practices specific to your role, as directed by your employer and supervisor. Doing your job the safe way may slow you down a bit, but if you ignore proper work procedures, you're much more likely to be injured.

- Ask lots of questions. Ask your supervisor how to deal with angry customers, how to perform new tasks or any other practice or procedure you're unsure about. Never worry about looking ignorant; asking questions about safety is a sign of a smart, safe worker.
- Tell the manager on duty, your parent or other adult if you feel threatened or endangered at work.
- Always be aware of your environment. Though it is easy to be careless after your tasks have become predictable and routine, always remain aware of what you are doing.
- Learn which hazards are present in your work environment. Always be aware of these hazards, and take steps to prevent injury when around them.
- Trust your instincts. If someone asks you to do something that makes you feel unsafe or uncomfortable, check with your supervisor before doing it. Keeping yourself injury-free is your most important responsibility.
- Stay sober. In addition to being illegal, workers using drugs and alcohol are more likely to **hurt** themselves and others.

Let Us Know

We are glad to have you at . Please let us know if here is anything about your safety training or job duties that you are unsure about. We make your safety our first priority.



Did You Know?

There are several types of tasks that workers under the age of 18 are not permitted to do, including working with equipment like meat slicers or bakery mixers.

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